

# Hormone



Official News Letter of  
INDIAN ASSOCIATION OF  
ENDOCRINE SURGEONS



IAES Team receiving  
Best Section Award  
in ASICON 2015  
from President ASI,  
Dr Santhosh John Abraham



Dr P R K Bhargav  
receiving  
Betadine Young Surgeon Award  
in ASICON 2015  
from President ASI,  
Dr Santhosh John Abraham

## Editor-In-Chief's Message



**Dr. S. BABU** M.S; FICS; FAIS; FAES; FCD  
Editor in Chief (2015-16),  
Indian Association of Endocrine Surgeons.  
e-mail: drsbabu459@gmail.com

Dear Esteemed members in IAES,  
Greetings to you all.

I am very happy that during my tenure as Editor in chief, this Newsletter is being brought out and also our journal is in print and due to be released during our Annual conference at Meerut. I have to profusely thank our Secretary Dr. Sai Krishna Vittal for his untiring consistent efforts to see this Newsletter reach your hands. Our activities in this year is briefed with some photos in this issue. I also take this opportunity to request all of you to share your experience in treating unusual, rare cases and also your study papers through our journal.

United we are we succeed forever,

With warm regards,



**Dr. S. Babu**

## Founder President's Message



**Prof S Vittal**  
MS, FRCS(Ed), FRCS (Eng), FICS, FAIS, FIMSA, FTASc, FAES, DSc (Hon)  
Founder President  
Indian Association of Endocrine Surgeons

Dear Prof Babu

I am happy to note that you are bringing out Newsletter of our IAES. This is a laudable work because through this you can let all the members know about the activities of IAES. I congratulate you for this work and I am sure the members also feel that they are getting to know what is happening in our association. I am also delighted to know that IAES was awarded the Best Section of ASI in ASICON 2015.

I wish you and your team the very best and take this opportunity to wish our fellow members of IAES a healthy, prosperous and academic filled New Year.

With regards



**Prof S Vittal**  
Founder President IAES

## President's Message



**Prof. S.K. Mishra**, MS, FACS

Professor and Head  
Department of Endocrine Surgery  
SGPGIMS, Lucknow

Dear Fellow Members,

It gives me immense pleasure to put down few lines for this edition of the News Letter of our association. My tenure as President had observed two major achievements – IAES being selected as the best chapter of our parent body ASI for consecutive years and India being offered to host the 16<sup>th</sup> Congress of the Asian Association of Endocrine Surgeons in New Delhi in the year 2018.

As a teacher in endocrine surgery I feel proud of our young colleagues to see them excel not only in academics but taking leadership role in advancing this nascent discipline where ever they are to get noticed both in the country and abroad. I can visualize a different picture of our society in not so distant future when our peer societies across the world will notice the achievements of our young members in offering excellent, safe care of our patients and performing high quality research and setting up academic centers of excellence across the country.

God Bless IAES

**Prof. S.K.Mishra**

## Honorary Secretary's Message



Dear Prof Babu

At the outset let me congratulate you for bringing out yet another edition of the Newsletter of IAES "Hormone". The newsletter is an important medium to disseminate the activities of our Association amongst our members. I am delighted to inform our esteemed members that IAES was adjudged the best section in ASICON 2015. This would not have been possible without the team effort and team spirit of everybody in IAES. May I humbly request our members to motivate their colleagues to join IAES. The Organising team of IAESCON 2016 are leaving no stone unturned for making the conference a grand success I hope to see many of you in IAESCON 2016 at Meerut. Once again I would like to thank you and your team for bringing out this superb newsletter.

With best wishes

**Dr Sai Krishna Vittal**

Honorary Secretary IAES

## Message



**Prof. Dr. R. Jothiramalingam**, M.S; F.I.C.S; F.A.I.S; FRCS, (Edin.) FAES  
Professor and Head of the Department of Surgery and Surgical Endocrinologist  
Madurai Medical College and Govt. Rajaji Hospital, Madurai  
President-Indian Association of Endocrine Surgeons (1996 – 1997)  
Hony. Treasurer (1998-2000)  
President – The Association of Surgeons of India (ASI) – 2004  
President, SAARC Surgical Care Society (2005 – 2009 August)

Dear Prof Babu

I am very much happy to know that a Newsletter of IAES will be released during IAESCON 2016. There are a lot of improvements in the field of Endocrine Surgery, in diagnostic and therapeutic fields. The Newsletter is an important tool to spread this knowledge to the juniors and surgical colleagues. Prof. Dr. Babu and his team along with the help of the Executive committee members have taken a lot of efforts to bring out this Newsletter successfully. I congratulate all of them. I wish them all the best.

**Dr. R. Jothiramalingam**

## Message



**Prof K D Verma**

M.B.B.S., M.S.(Surg.) F.I.C.S., F.A.C.S., (U.S.A.), Z.Nucl., Med Heidelberg (West Germany), Dip. Hosp. Admn.  
Visiting Professor and Consultant Surgeon  
Vivekanand Institute of Medical Sciences & Polytechnic

Dear Prof S Babu

Journal and News Letter are hallmark of academic activity of any scientific body. I am happy that Indian Association of Endocrine Surgeons is bringing out both of them. News Letter keeps the members updated about the activity of the organisation. Congratulations for bringing out such a nice newsletter. I wish you and your team the very best.

With kind regards

**Prof K D Verma**

## BIO-DATA FORM

(PLEASE FILL ALL INFORMATION IN CAPITAL LETTERS)

Name : .....

ASI Membership No. .... IAES No. ....

Sex :  M  F Age.....Date of Birth.....

Qualifications : .....

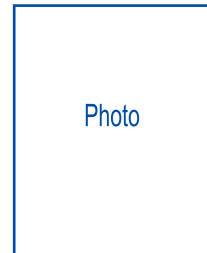
Position now held : .....

Address : .....  
.....

Phone No. : ..... Mobile .....

e-mail : .....

Special information if any : .....  
.....



Kindly mail to :

**Dr. Sai Krishna Vittal**

Honorary Secretary - IAES

Old No 54, New No 41, McNichols Road, Chetpet, Chennai - 600 031. Tamilnadu, India

E-mail : saikrishnavittal@gmail.com

## Executive Committee of IAES

### Founder President

Padmashri Dr S Vittal

### President

Dr S K Mishra

### President Elect

Dr A R Ramasubbu

### Immediate Past President

Dr P S Venkatesh Rao

### Honorary Secretary

Dr Sai Krishna Vittal

### Honorary Treasurer

Dr J W Ebenesh Bensam

### Vice Presidents

Dr D Maruthu Pandian    Dr Amit Agarwal    Dr S Zahir Hussain

### Joint Secretaries

Dr K Karunakaran    Dr R Padmakumar

### Executive Committee Members

Dr C Gauthaman    Dr Anand Kumar Mishra,  
Dr M Sabaretnam    Dr M Elangovan    Dr R Manivannan

### Editorial Board

### Editor in Chief

Dr S Babu

### Board Members

Dr C P Ganesh Babu    Dr Dhalapathy Sadacharan



**Minutes of the Annual General Body Meeting of  
Indian Association of Endocrine Surgeons  
held at Seth G S Medical College & KEM Hospital, Mumbai on 3/10/15**



**Meeting called to order**

Honorary Secretary requested President to call the meeting in order. President thanked all the members who had come for the Annual General Body Meeting.

**Welcome address by President**

The President Dr P S Venkatesh Rao welcomed the members and spelt out the agenda.

**Honorary Secretary Report**

The Honorary Secretary Dr Sai Krishna Vittal read out the Annual report of IAES. He congratulated the Organising team of IAESCON 2015 especially Organising Chairman Dr Abhay Dalvi and Organising Secretaries Dr Sameer Rege and Dr Aparna Deshpande. He also mentioned that there was an excess of income over expenditure in the audited statement of 2014- 2015.

**Approval of Minutes of Annual General Body Meeting of IAES at IAESCON 2014 at Poovar**

Minutes of Annual General Body meeting of IAES at IAESCON 2014 at Poovar was read out by the Honorary Secretary and it was passed after being proposed by Dr R Jothiramalingam & seconded by Dr M N Kamaludeen

**Approval of EC Minutes of IAES held at Chennai on 16/8/2015**

Honorary Secretary read out the minutes of Executive Committee Meeting at Chennai on 16/8/2015 and it was passed after it was proposed by Dr B N Mohanty and seconded by Dr S Babu. Accordingly General Body unanimously agreed to the following

**Bid for Biennial Conference of Asian Association of Endocrine Surgeons in India for the year 2018**

- ◆ IAES should support Dr S K Mishra's bid for Asian Association of Endocrine Surgeons Biennial Conference in India in 2018.
- ◆ Dr S K Mishra would be the Congress President.
- ◆ New Delhi to be the venue of the Conference.
- ◆ The Office bearers of IAES and the Executive Committee to be involved and apprised about the organisation and conduct of the Conference.

**Registration Fee for Annual Conference of IAES (IAESCON)**

The General Body decided that henceforth the conference registration fee be revised as mentioned below. This would apply for non residential package only. This would include a minimum of two lunches and one banquet dinner. If the organising team of IAESCON is keen to have a residential package, they should submit a competitive rate which needs to be approved by the General Body. The registration fee approved is as under:

<b>IAES Member</b>	<b>Up to 31 July</b>	<b>Up to 31 August</b>	<b>After 31 August and Spot Registration</b>
<b>Non IAES Member</b>	Rs. 3,500	Rs. 4,000	Rs. 4,500
<b>Accompanying Person</b>	Rs. 4,000	Rs. 4,500	Rs. 5,000
<b>Postgraduate</b>	Rs. 2,500	Rs. 3,000	Rs. 3,500
<b>Student</b>	Rs. 2,000	Rs 2,500	Rs. 3000

### **Honorary Treasurer Report**

Honorary Treasurer Dr J W Ebenesh Bensam read out the audited statement for 2014 – 2015 and mentioned that there was an excess of income over expenditure for 2014- 2015. The audited statement was passed after being proposed by Dr Abhay Dalvi and seconded by Dr D Maruthupandian.

### **Election Officer 2015 – Report**

The Election Officer (President Elect) Dr Saroj Mishra read out the nominations received for the Post of **President Elect 2015 – 2016** which were as under

- ◆ Dr N Dorairajan – Chennai
- ◆ Dr S Babu – Madurai
- ◆ Dr A R Ramasubbu – Nagercoil

Dr N Dorairajan did not attend the floor of the General Body. Dr S Babu withdrew in favour of Dr A R Ramasubbu and hence Dr A R Ramasubbu was elected as President Elect 2015 – 2016. The General Body congratulated Dr A R Ramasubbu. The General Body also thanked Dr S Babu for making it a unanimous election.

### **Report of IAESCON 2014 by Organising Secretary of IAESCON 2014**

Dr J W Ebenesh Bensam, the Organising Secretary of IAESCON 2014 read out the Conference report and gave a cheque of Rs 35,000 as contribution of IAESCON 2014 to IAES. The General body congratulated Organising Chairman Dr C Gauthaman, Organising Secretary Dr J W Ebenesh Bensam, Organising Treasurer Dr A Nagarajan and their entire team.

### **Reconfirmation of Venue for IAESCON 2016**

The Organising Secretary of IAESCON 2016, Dr Sudhi Agarwal reconfirmed Meerut as the venue and the Conference would be held between 17 September – 18 September 2016 with Dr Navneet



Agarwal as Organising Chairman and Dr Sudhi Agarwal as Organising Secretary. A Memorandum of Understanding was signed between Honorary Secretary Dr Sai Krishna Vittal and Organising Secretary of IAESCON 2016 Dr Sudhi Agarwal.

#### **Venue for IAESCON 2017(East Zone)**

There was only one application received from East Zone from Dr Arun Kumar Mohanty from Odisha with request to hold the Conference at Konark with Dr B N Mohanty as Organising Chairman and Dr Arun Kumar Mohanty as Organising Secretary and General Body approved Konark as the venue of IAESCON 2017.

#### **Any other matter**

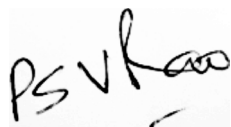
- ◆ The General Body approved Dr Amit Agarwal's request to commence a Registry for Multiple Endocrine Neoplasia (MEN). He presented the details to the General Body which was accepted by the august body. Dr Amit Agarwal was appointed Convener of the registry for a period of three years.

#### **Change of Guard**

The Change of guard took place with Dr Saroj K Mishra taking over as President of IAES from Dr P S Venkatesh Rao

#### **Vote of Thanks**

Vote of Thanks was proposed by Honorary Treasurer Dr J W Ebenesh Bensam and the meeting concluded.



**Dr P S Venkatesh Rao**  
President



**Dr Sai Krishna Vittal**  
Honorary Secretary

# ASICON - 2015



**Dr Saroj Mishra, President IAES  
delivering Presidential Oration in ASICON 2015**



**Dr Saroj Mishra being presented with Memento  
after delivering Presidential Oration in ASICON 2015**



**Dr C Balasubramaniyan delivering  
Prof Jothiramalingam Oration in ASICON 2015**



**Dr C Balasubramaniyan being presented with Citation  
after delivering Prof Jothiramalingam Oration in ASICON 2015**



**Dr Saroj Mishra and Dr A R Ramasubbu  
as Chairpersons in ASICON 2015**



**Dr P V Pradeep, Convenor of Panel Discussion  
on Complications of Thyroidectomy in ASICON 2015**

# ASICON - 2015



Panel Discussion Team on  
Management of Complications of Thyroidectomy



Dr B N Mohanty delivering a lecture in ASICON 2015



Dr Amit Agarwal and Dr M J Paul panelists in Debate on  
Prophylactic Central Compartment Dissection  
in Papillary Carcinoma Thyroid



Dr Deepraj Bhandarkar  
presenting a scientific paper in ASICON 2015



Dr Siddhartha Chakravarthy winner of  
Prof S Vittal Best Paper Award in ASICON 2015



Participants on Symposium on  
Thyroid Carcinoma in ASICON 2015

# ASICON - 2015



Dr S Babu delivering a lecture in ASICON 2015



Dr M N Kamaludeen delivering a lecture in ASICON 2015



Dr D Maruthupandian delivering a lecture in ASICON 2015



Dr P S Venkatesh Rao delivering a lecture in ASICON 2015



Dr Ranjith Sukumar delivering a lecture in ASICON 2015



Dr S Babu and Dr Ritesh Agarwal,  
Chairpersons for Prof S Vittal Best Paper Award



# IAES MEMBERSHIP APPLICATION FORM

(PLEASE FILL ALL INFORMATION IN CAPITAL LETTERS)



Applicant's Photo

Name : .....

ASI Membership No. .... Year of Joining.....

Sex :  M  F Age.....Date of Birth.....

Qualifications : .....

Address : .....

Phone No. : .....Mobile .....

e-mail : .....

## DECLARATION

I hereby declare that the information given above are correct and I assure that if at any time any statement given above is found to be incorrect, my membership, if granted will be liable to cancelled and the fee paid by me will be forfeited.

I hereby undertake that I shall abide by the Rules and Regulations of the Indian Association of Endocrine Surgeons.

I enclose the DD No.....dated.....for **Rs. 2000/- (Two Thousand only)** drawn on .....Bank in favour of **Indian Association of Endocrine Surgeons payable at Chennai**

Date:

Place :

*Signature of the Applicant*

## SPONSORSHIP

Certified that we know Dr. .... and we certify that the particulars furnished by him are true to the best of our knowledge.

Sponsored by Dr. .... Seconded by Dr. ....

ASI Membership No. .... ASI Membership No. ....

Signature :

Signature :

**Dr. Sai Krishna Vittal**

Honorary Secretary - IAES

Old No 54, New No 41, McNichols Road, Chetpet, Chennai - 600 031. Tamilnadu, India

E-mail : saikrishnavittal@gmail.com



## INDIAN ASSOCIATION OF ENDOCRINE SURGEONS

(A Section of the Association of Surgeons of India)

Secretariat : Old No 54, New No 41, McNichols Road, Chetpet, Chennai - 600 031. Tamilnadu, India

Mobile : 09840253015 E-mail : saikrishnavittal@gmail.com Website : www.iaes.org.in



### Founder President

**Dr. S. Vittal**

Padmashri Awardee

### President

**Dr. S.K.Mishra**  
Lucknow

### Honorary Secretary

**Dr. Sai Krishna Vittal**  
Chennai

### Honorary Treasurer

**Dr. J. W. Ebenesh Bensam**  
Nagercoil

5.9.2016

### President Elect

**Dr. A.R.Ramasubbu**  
Nagercoil

### Immediate Past President

**Dr. P.S.Venkatesh Rao**  
Bengaluru

### Vice-Presidents

**Dr. D. Maruthupandian**  
Madurai

**Dr. Amit Agarwal**  
Lucknow

**Dr. S. Zahir Hussain**  
Chennai

### Joint Secretaries

**Dr. K. Karunakaran**  
Madurai

**Dr. R. Padmakumar**  
Kochi

### Executive Committee Members

**Dr. C. Gauthaman**  
Nagercoil

**Dr. Anand Kumar Mishra**  
Lucknow

**Dr. M. Sabaretnam**  
Madurai

**Dr. M. Elangovan**  
Thanjavur

**Dr. R. Manivannan**  
Chennai

### Editorial Board

#### Editor in Chief

**Dr. S. Babu**  
Madurai

### Board Members

**Dr. C. P. Ganesh Babu**  
Virudhunagar

**Dr. Dhalapathy Sadacharan**  
Chennai

### *Respected Teachers and Esteemed Members,*

Greetings for the festive season ahead. On behalf of the President and Executive Committee of IAES, I would like to express my sincere thanks and gratitude for all the support and encouragement from every one of you during my tenure as Honorary Secretary. I would like to state that I have tried and did everything to the best of my ability. Some of what I can say with satisfaction as achievements are

- ♦ Winning the Best Section of ASI Award for consecutive years.
- ♦ Increase in membership strength by more than 150 new members
- ♦ Increasing the financial health of our association
- ♦ Getting the Biennial Conference of Asian Association of Endocrine Surgeons to India which will be held in Delhi in 2018. This is mainly been possible to the untiring efforts of our President Dr Saroj Mishra ably supported by our Immediate Past President Dr P S Venkatesh Rao.
- ♦ Paving the way for IAES bringing out guidelines for Indian patients for which preliminary feasibility studies have already commenced.

I would like to wholeheartedly thank Founder President Dr S Vittal, President Dr Saroj Mishra, all Past Presidents, Editor in Chief Dr S Babu, Honorary Treasurer Dr J W Ebenesh Bensam and the entire Executive Committee for all support and guidance during my tenure. I would also like to thank my predecessor as Honorary Secretary Dr D Maruthu Pandian for laying a firm foundation for me to build on. Above all I would like to thank each and every member for your support and goodwill.

With warm regards and best Wishes

**Dr Sai Krishna Vittal**  
Honorary Secretary IAES

## Forthcoming events

# 38<sup>th</sup> ANNUAL MEETING

Held concurrently with "ENDO 2017"

APRIL 2-4, 2017 ■ ORLANDO, FLORIDA

ROSEN CENTRE HOTEL

2017 LOCAL ARRANGEMENTS CHAIR: Mira Milas, MD

PROGRAM CHAIR: Scott M. Wilhelm, MD



## 3<sup>rd</sup> World Congress on Thyroid Cancer

July 27 – 30, 2017

The Westin Boston Waterfront  
Boston, Massachusetts

A global multi-disciplinary meeting  
of all specialists involved in the field  
of Thyroid Nodules and Thyroid Cancer.



### Steering Committee

Gregory W. Randolph, MD, Co-Chair

Bryan McIver, MD, Co-Chair

Ezra Cohen, MD

Jeremy Freeman, MD

Bryan Haugen, MD

Jatin P. Shah, MD

Ashok R. Shaha, MD

Steven I. Sherman, MD

Ian J. Witterick, MD

[www.thyroidworldcongress.com](http://www.thyroidworldcongress.com)

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